



Dr. *michelle* cartier
ORTHODONTIST
embrace your smile!

EMERGENCIES

True orthodontic emergencies are rare, but when they occur we are available to you. As a general rule, you should call our office if you ever have a painful appliance problem that you can't take care of yourself. We'll be able to schedule an appointment to resolve the problem.

You might be surprised to learn that you may be able to solve many problems yourself temporarily until you can get to our office. If there is a loose piece that you can remove, put it in a plastic bag or envelope and bring it with you to your next appointment. If your braces are poking you, put soft wax on the piece that's sticking out. A pencil eraser can sometimes be used to push the poking wire away from your gums and cheek. If the wire has slid to one side, you can pull it back to the other side with tweezers replacing it in the tube on the back tooth.

After alleviating your discomfort, it is very important that you still call our office as soon as possible to schedule a time to repair the problem. Allowing your appliance to remain damaged for an extended period of time may result in disruptions to your treatment plan.